



# February 2019



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

28

Lyman High School

Breakfast \$2.00

Lunch \$2.50

Extra Milk \$.40

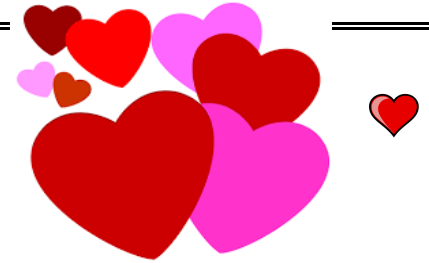
29



30

All meals include 1% White Milk  
or Fat Free Chocolate Milk  
All Juice 100% Fruit Juice

**This institute is an  
equal opportunity provider**



4

Cheesy Omelets  
with Muffins

Fresh Fruit and Veg Bar

**Breakfast**

Cereal and Elves

Fruit Cup and Juice

5

Smothered Burrito  
with Spanish Rice

Fresh Fruit and Veg Bar

**Breakfast**

Poptarts and Yogurt

Raisels and Juice

6

Calzone  
with Marinara Sauce & Fries

Fresh Fruit and Veg Bar

**Breakfast**

Muffin Mania

Strawberry Cup and Juice

7

Corndog Bites  
with Curly Fries

Fresh Fruit and Veg Bar

**Breakfast**

Berry Breakfast Bread

Apple Slices and Juice

11

Orange Chicken  
with Rice

Fresh Fruit and Veg Bar

**Breakfast**

Cereal Bar and Yogurt

Fruit Cup and Juice

12

Chili  
with Cinnamon Roll

Fresh Fruit and Veg Bar

**Breakfast**

Assorted Breakfast Breads

Craisins and Juice

13

Pizza Stix  
with Marinara Sauce & Fries

Fresh Fruit and Veg Bar

**Breakfast**

Donut Day!

Apple Slices and Juice

14

Dutch Waffle and Strawberries  
with Sausage

Fresh Fruit and Veg Bar

**Breakfast**

Muffin Mania

Apple Crisp and Juice

18

Pancake on a Stick  
with Hash Browns

Fresh Fruit and Veg Bar

**Breakfast**

PB&J

Fruit Cup and Juice

19

Spaghetti and Meatballs  
with Texas Toast

Fresh Fruit and Veg Bar

**Breakfast**

Bagel and Cream Cheese

Craisins and Juice

20

Turkey Gravy  
Over Potatoes and Roll

Fresh Fruit and Veg Bar

**Breakfast**

Donut Day!

Apple Slices and Juice

21

Rib-B-Que Sandwich  
with Waffle Fries

Fresh Fruit and Veg Bar

**Breakfast**

Cinnamon Roll

Raisels and Juice

25

French Toast Sticks  
with Sausage

Fresh Fruit and Veg Bar

**Breakfast**

Bagel and Cream Cheese

26

Teriyaki Chicken  
with Rice and Roll

Fresh Fruit and Veg Bar

**Breakfast**

Berry Danish

27

Turkey Noodle Sou  
with Cheese Bites

Fresh Fruit and Veg Bar

**Breakfast**

Banana Bread

28

Pizza  
with Waffle Fries

Fresh Fruit and Veg Bar

**Breakfast**

Cereal Bar with Chex Mix or Yogurt

**Apple Crisp and Juice**

**Fruit Cup and Juice**

**Strawberry Cup and Juice**

**Apple Slices and Juice**