



February 2019



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

28

Lyman Intermediate School
Breakfast 5th - 8th \$1.50
Lunch 5th \$2.00
Lunch 6th-8th \$2.25

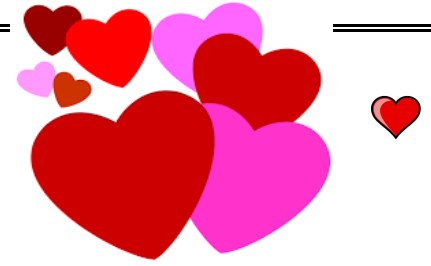
Extra Milk \$.40



30

All meals include 1% White Milk
or Fat Free Chocolate Milk
All Juice 100% Fruit Juice

**This institute is an
equal opportunity provider**



4

Cheesy Omelets
with Muffins
Fresh Fruit and Veg Bar
Breakfast
Cereal and Elves
Fruit Cup and Juice



5

Smothered Burrito
with Spanish Rice
Fresh Fruit and Veg Bar
Breakfast
Poptarts and Yogurt
Raisels and Juice



6

Calzone
with Marinara Sauce & Fries
Fresh Fruit and Veg Bar
Breakfast
Muffin Mania
Strawberry Cup and Juice



7

Corndog Bites
with Curly Fries
Fresh Fruit and Veg Bar
Breakfast
Berry Breakfast Bread
Apple Slices and Juice



11

Orange Chicken
with Rice
Fresh Fruit and Veg Bar
Breakfast
Cereal Bar and Yogurt
Fruit Cup and Juice



12

Chili
with Cinnamon Roll
Fresh Fruit and Veg Bar
Breakfast
Assorted Breakfast Breads
Craisins and Juice



13

Pizza Stix
with Marinara Sauce & Fries
Fresh Fruit and Veg Bar
Breakfast
Donut Day!
Apple Slices and Juice



14

Dutch Waffle and Strawberries
with Sausage
Fresh Fruit and Veg Bar
Breakfast
Muffin Mania
Apple Crisp and Juice

18

Pancake on a Stick
with Hash Browns
Fresh Fruit and Veg Bar
Breakfast
Cereal and Chex Mix
Fruit Cup and Juice



19

Spaghetti and Meatballs
with Texas Toast
Fresh Fruit and Veg Bar
Breakfast
Bagel and Cream Cheese
Craisins and Juice

20

Turkey Gravy
Over Potatoes and Roll
Fresh Fruit and Veg Bar
Breakfast
Donut Day!
Apple Slices and Juice



21

Rib-B-Que Sandwich
with Waffle Fries
Fresh Fruit and Veg Bar
Breakfast
Cinnamon Roll
Raisels and Juice

25

French Toast Sticks
with Sausage
Fresh Fruit and Veg Bar
Breakfast
Bagel and Cream Cheese



26

Teriyaki Chicken
with Rice and Roll
Fresh Fruit and Veg Bar
Breakfast
Berry Danish



27

Turkey Noodle Soup
with Cheese Bites
Fresh Fruit and Veg Bar
Breakfast
Banana Bread



28

Pizza
with Waffle Fries
Fresh Fruit and Veg Bar
Breakfast
Cereal Bar and Yogurt



Apple Crisp and Juice

Fruit Cup and Juice

Strawberry Cup and Juice

Apple Slices and Juice