

March 2019

MONDAYTUESDAYWEDNESDAYTHURSDAY

<p><u>Lyman Intermediate School</u></p> <p>Lunch 5th Grade \$2.00 6th-8th Grade \$2.25</p> <p>Breakfast 5th-8th Grade \$1.50 Extra Milk \$.40 Extra Juice \$.50</p>	<p><u>National Music in the Schools Month</u></p> <p>Music stimulates the brain and studies show it improves all areas of academics! Play music! Support music! Learn about music! Music brings Joy! #MusicInspires #MusicInOurSchools</p>	<p>All meals include 1% White Milk or Fat Free Chocolate Milk All Juice 100% Fruit Juice This institute is an equal opportunity provider</p>	<p>March 5th we will be serving a "hot" breakfast instead of the traditional grab and go in celebration of National School Breakfast Week!</p>
4 NATIONAL	5 SCHOOL	6 BREAKFAST	7 WEEK
<p>Chromatic Chicken and Waffles With Syrup Fresh Fruit & Vegetable Bar Breakfast Major Muffin Mania Apple Slices and Juice</p>	<p>Lemon Chicken With Rice and Roll Fresh Fruit & Vegetable Bar Breakfast Breakfast Sliders-Hot Breakfast! Hashbrowns Raisels and Juice</p>	<p>Chicken Nuggets With Potatoes and Gravy Fresh Fruit & Vegetable Bar Breakfast Banana Bread Applesauce and Juice</p>	<p>Pulled Pork Sandwich With Doritos Fresh Fruit & Vegetable Bar Breakfast Donut Sticks and Chex Mix Fruit Cup and Juice</p>
11	12	13	14
<p>Mac and Cheese With Mini Corndogs Fresh Fruit & Vegetable Bar Breakfast Cereal Bar and Scooby Snacks Forte Fruit Cup and Juice</p>	<p>Baritone Pizza With Tempo Tots Fresh Fruit & Vegetable Bar Breakfast Yummy Breakfast Breads Craisins and Juice</p>	<p>Mashed Potato Bowl With Chicken Fresh Fruit & Vegetable Bar Breakfast Donut Day! Apple Slices and Juice</p>	<p>Tempo Teriyaki Bites With Fried Rice and Roll Fresh Fruit & Vegetable Bar Breakfast Muffin Mania Apple Crisp and Juice</p>
18	19	20	21
<p>Cheesy Overture Omelet With Muffin Fresh Fruit & Vegetable Bar Breakfast Cereal Bowl and Yogurt Fruit Cup and Juice</p>	<p>Chicken Alfredo With Bread Stick Fresh Fruit & Vegetable Bar Breakfast Bagel and Cream Cheese Craisins and Juice</p>	<p>FAVORITE Dippin' Dogs With Cheese Sauce and Tots Fresh Fruit & Vegetable Bar Breakfast Chocolate Chip Breakfast Bar Allegro Apple Slices and Juice</p>	<p>Crescendo Calzone With Marinara Sauce and Fries Fresh Fruit & Vegetable Bar Breakfast Cinnamon Roll Raisels and Juice</p>
25	26	27	28
<p>Offbeat Orange Chicken With Rice Fresh Fruit & Vegetable Bar Breakfast Bagel and Cream Cheese Apple Crisp and Juice</p>	<p>Canon Chili With Cinnamon Roll Fresh Fruit & Vegetable Bar Breakfast Berry Danish Fruit Cup and Juice</p>	<p>NEW ITEM Beef and Cheddar Sandwich With Curly Fries Fresh Fruit & Vegetable Bar Breakfast Opus Donut Day! Craisins and Juice</p>	<p>Pizza Sticks With Marinara Sauce and Fries Fresh Fruit & Vegetable Bar Breakfast Cereal Bar and Yogurt Apple Slices and Juice</p>