

# February 2020

MONDAY

27

**Did you know..**

Valentine Conversation  
Hearts have been  
around since  
1866!



3

A-Dutch Waffle W/ Sausage&Strawberries  
B-Chicken Burger W/ Twisty Fries  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Cereal Bars & Bowls W/ Gogurt  
Craisins and Juice**

10

A-Cheeseburger W/ Twisty Fries  
B-Corndog W/ Twisty Fries  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Breakfast Bars  
Apple Slices and Juice**

17

A-Mac&Cheese W/ Corndog Bites  
B-Chicken Burger W/ Tots  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Poptarts-Waffles-Bagels&Gogurt  
Apple Crisp and Juice**

24

A-Pancake on a Stick W/ Hashbrowns  
B-Chicken Burger W/ Fries  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Sausage & Egg Bagel Sandwich**

TUESDAY

28



4

A-Chicken Alfredo W/ Bread Stick  
B-Turkey Sub W/ Cheese Stick  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Fruit Parfait and Elves  
Raisels and Juice**

11

A-Broccoli Cheese Soup W/ Breadstick  
B-Honey Mustard Deli Wrap W/ Chips  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Fruit Smoothie And Elves  
Applesauce Cup and Juice**

18

A-Teriyaki Chicken W/ Rice&Roll  
B-Corndog W/ Wedges  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Fruit Parfait and Chex  
Apple Slices and Juice**

25

A-Chili W/ Cinnamon Roll  
B-Ham and Cheese Lunch Kit  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Fruit Smoothie And Elv**



This institute is an equal opportunity provider.

WEDNESDAY

29

5

A-Dippin' Dogs W/Cheese Sauce&Tots  
B-Burrito W/ Tots  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Cinnamon Roll  
Strawberry Cup and Juice**

12

A-Chicken Fried Steak W/Potatoes&Gravy  
B-Ham and Cheese Pocket W/Tots  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Donut Day!  
Mixed Berry Cup and Juice**

19

A-Mashed Potato Bowl  
B-Ham and Cheese Lunch Kit  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Grape Filled Bar and Elves  
Strawberry Cup and Juice**

26

A-Nuggets W/ Potatoes & Gravy  
B-Burrito W/ Tots  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Donut Stix and Goldfish**

THURSDAY

30

Lyman Intermediate School  
Menu is subject to change!  
All meals include 1% white or  
chocolate milk. All juice is 100%  
fruit juice.



6

A-Stuffed Crust Pizza W/ Weages  
B-Hamburger W/ Wedges  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Breakfast Breads  
Apple Crisp and Juice**

13

A-Popcorn Chicken W/ Emoji Fries  
B-Hamburger W/ Emoji Fries  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Sausage & Egg Bagel Sandwich  
Fruit Cup and Juice**

20

A-Pizza Stix W/ Marinara& Fries  
B-Burrito W/ Fries  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Donut Day!  
Craisins and Juice**

27

A-Chicken Drumstick W/ Wedges  
B-Ham and Cheese Pocket W/ Wedges  
Fresh Fruit and Vegetable Bar

**Breakfast**

**Crazy Cereal Day and Elf Grahams!**

Fruit Cup and Juice

Raisels and Juice



Mixed Berry Cup and Juice

Craisins and Juice