



O c t o b e r 2 0 1 6



URIE ELEMENTARY

Monday

3

Spaghetti with Breadstick
or
Turkey Sub with Chips

HEALTH BAR FRESH FRUIT & MILK

10

Teriyaki Bites with Rice and Roll
or
Hamburger with Tots

HEALTH BAR FRESH FRUIT & MILK

17

Mac and Cheese
with Roll
or
Hamburger with Fries

HEALTH BAR FRESH FRUIT & MILK

24

French Toast Sticks
with Sausage
or
Corndog with Fries

HEALTH BAR FRESH FRUIT & MILK

31

Tomato Soup
with Grilled Cheese
or
Burrito with Fries

HEALTH BAR FRESH FRUIT & MILK



Tuesday

4

Chicken Burger with Fries
or
Burrito with Fries

HEALTH BAR FRESH FRUIT & MILK

11

Taco Tuesday!
with Corn
or
Corndog with Fries

HEALTH BAR FRESH FRUIT & MILK

18

Biscuits and Gravy
or
Turkey Sub
with Cheese Stick

HEALTH BAR FRESH FRUIT & MILK

25

Chicken Bacon Cheese Sandwich
with Tots
or
Hamburger with Tots

HEALTH BAR FRESH FRUIT & MILK

1

Teriyaki Chicken over Rice
with Roll
or
Hamburger with Tots

HEALTH BAR FRESH FRUIT & MILK



Wednesday

5

Chili with Cinnamon Roll
or
Hamburger with Tots

HEALTH BAR FRESH FRUIT & MILK

12

Chicken Nuggets with
Potatoes and Gravy, Roll
or
Burrito with Fries

HEALTH BAR FRESH FRUIT & MILK

19

Turkey Gravy
Over Potatoes and Roll
or
Burrito with Fries

HEALTH BAR FRESH FRUIT & MILK

26

Chicken Fried Steak
with Potatoes and Gravy
or
Burrito with Fries

HEALTH BAR FRESH FRUIT & MILK

2

Dippin' Dogs
with Cheese Sauce and Tots
or
Chicken Burger with Tots

HEALTH BAR FRESH FRUIT & MILK



Thursday

6

Pancake on a Stick
with Hashbrowns

or
Chicken Burger with Fries

HEALTH BAR FRESH FRUIT & MILK

13

Cheeseburger with Chips
or
Ham Sub with Chips

HEALTH BAR FRESH FRUIT & MILK

20

Pizza with Tots
or
Chicken Burger with Tots

HEALTH BAR FRESH FRUIT & MILK

27

Orange Chicken
with Rice
or
Ham Sub with Cheese Stick

HEALTH BAR FRESH FRUIT & MILK

3

Pulled Pork Sandwich
with Tots
or
Corndog with Tots

HEALTH BAR FRESH FRUIT & MILK